



NANJIL ANAND FOUNDATION

### INTERNSHIP CERTIFICATE

Date: 24 May 2021

This to certify that **Ms.BHUMIKA** has successfully completed her '**WELLNESS COACH Coordinator**' internship with **Nanjil Anand Foundation (NAF)** during the period **22 February 2021 – 22 May 2021**.

During this period, **Ms. BHUMIKA** has shown great amount of responsibility, sincerity and a genuine willingness to learn and zeal to take on new assignments & challenges. In particular, her coordination skills and communication skills are par excellence and her attention to details is impressive.

We wish her all the very best for her future.

With regards,

Muniraj.C  
[Authorized Signatory]  
Nanjil Anand Foundation

Nanjil Anand Foundation

Reg Office 4-79, Kozhinjiviali, Ettani, Vilavancode, Kanyakumari District, Tamil Nadu - 629157  
[www.nanjilanandfoundation.org](http://www.nanjilanandfoundation.org), [info@nanjilanandfoundation.org](mailto:info@nanjilanandfoundation.org)



22<sup>nd</sup> May 2021

**TO WHOMSOEVER IT MAY CONCERN**

This is to certify that **Ms. Keerthana Varma M** has been appointed as an **intern** with **Your Amigos Foundation Kochi** for a period of 30days, from 3rd May 2021 to 08th June 2021 as an intern. She has been given various assignments like community engagement through online media, research and report writing. We hope she will have an enlightening experience during the tenure.

For Your Amigos Foundation,

A handwritten signature in black ink, appearing to read "Devas Boban", with a horizontal line drawn underneath.

**Devas Boban**  
**Founder**  
**Your Amigos Foundation**



**Sahayata-Nutrition,Health,Education & Research Foundation**

**(A Not For Profit, section 8 company under company act 2013)**

39/1,B.N.Sen Road,P.O. Khagra,Berhampore, West Bengal 742103

+918777892068 | INDIA | www.sahayata.co | NITI Aayog : WB/2018/0219529

CIN : U85300WB2018NPL229109 | Licence No : 113408

Ref: RK-30/03/2020

Date : 10/05/2020

## **Internship Completion Certificate**

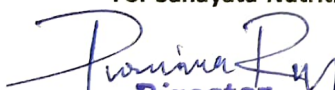
This is to certify that **Ritu Kumari [4022 8146 3562]** has successfully completed one month (01/04/2020 to 01/05/2020) internship on community based nutrition activities in our organization. During this internship she executed various activities in the following domain-

- **First 1000 Days**
- **Child Malnutrition**
- **Adolescent Nutrition**
- **Anaemia**
- **Balanced Diet**

During this tenure, we found her with good communication skills, punctual and hard working. Her overall performance was found satisfactory during the internship period.

We wish her success in future.

**For Sahayata-Nutrition,Health, Education & Research Foundation**

  
**Director**  
**Sahayata-Nutrition, Health,**  
**Education & Research Foundation**

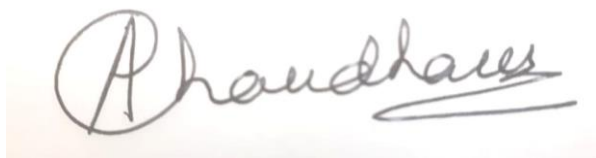
**Mrs. Purnima Roy**  
**Chief Dietician, Director**

# Certificate of Internship

This Internship Certificate for brilliant and  
consistently high standards of workmanship is  
proudly presented to

**RUTUJA MADNOORKAR**

For ~~his~~/ her completion as a PUBLIC RELATION intern  
under Mr. Moustache's Cakes from MARCH 2021 to  
MAY 2021 .



Arun Choudhary  
Co- Founder



Khushboo Chaudhary  
Co- Founder





# Manoday De-Addiction Organisation

Awareness, Counselling, Prevention

Regd. No. E8862/2021-Pune

जाणीवजागृती, समुपदेशन, प्रतिबंध

Ref No.: 39

Date: 02/01/2023

To,

Ms. Swarali Shah,

Department of Communication & Media Studies,

SNDT women's University, Pune

Dear Sir/Madam,

On Behalf of **Manoday Deaddiction Organization**, I am extending an offer for you for an internship position within our firm. The position is for field of nutrition, health communication, public relations, content development and allied areas.

This position is an internship opportunity of one month (2<sup>nd</sup> to 31<sup>st</sup> January 2023) where you will have to do interactions with our youths, take different activities, take some sessions on nutrition & zumba sessions in different centers, some field work and other curricular activities & work.

Please review this letter in full and confirm the acceptance. We look forward to working with you and wish you a successful internship. Welcome to our team.

Sincerely,

Vishnu Shrimangale

(Executive Director)

Manoday deaddiction org.





December 27<sup>th</sup>, 2022

Ms Pratima Thakurta  
B – 66, Sector -39  
Noida (U.P)

**Sub: Internship Offer**

Dear Ms Pratima Thakurta,

We are pleased to offer you an internship with Population Foundation of India on the following terms and conditions:

1. Your internship period will be from January 2, 2023 to February 3, 2023, However, PFI has the sole discretion of extending or shortening the duration of your internship with or without notice.
2. You will be governed by the rules and regulations laid down in PFI's Internship Policy.
3. You will work under the guidance and supervision of Alok Vajpeyi Lead – Core Grants & Knowledge Management or any other person as decided by PFI.
4. As an intern, you will not be entitled for any stipend and will not be eligible for any benefits that PFI offers its employees, including but not limited to health benefits.
5. You will be entitled to one day leave per month.
6. This internship is not an offer of employment, and successful completion of the internship does not entitle you to employment with PFI.
7. The internship is considered temporary and either party can discontinue the internship relationship at any time for any reason not prohibited by law. In addition, upon conclusion of your internship you will return all PFI-owned property, equipment and documentation.

8. Kindly note that the documents and information shared pertaining to this internship are confidential material and property of PFI and they may not be shared with any outside agency/ individual.
9. This letter constitutes the complete understanding between you and PFI regarding your internship and supersedes all prior discussions or agreements. This letter may only be modified by a written agreement signed by the intern and PFI.

We hope that your internship with PFI will be successful and rewarding.

Please indicate your acceptance of this Internship offer by signing below and returning it to HR.

*Poonam Muttreja*

Poonam Muttreja  
Executive Director

I accept internship with Population Foundation of India on the terms and conditions set out in this letter.

Signature

.....

Name: Pratima Thakurta

Date:

- Weight Loss/Gain
- Clinical Nutrition
- Pediatric Nutrition
- Sports Nutrition
- Nutrition & Life Style Mgt Workshop



One stop solution for all nutritional needs...

**Rashmi G Somani** (M.Sc. RD)  
Clinical Nutritionist & Diet Consultant

12<sup>th</sup> February 2022

Ms. Deepa Wagh  
17 Kamalkunj, Chavan  
Colony, Vise Chowk, Near  
Old Pumping Station,  
Gangapur Road, Nashik- 422013

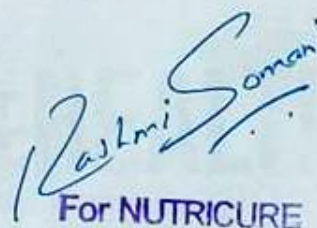
Sub: Offer of Internship

Dear Ms Wagh,

This is with reference to your request for an internship with Nutricure Clinic. We are pleased to inform you that your request has been accepted and we are happy to engage you as an intern effective from 21<sup>st</sup> February 2022 to 21<sup>st</sup> March 2022.

During the internship period you will be assigned under Clinical Dietary Analysis and mentored by Mrs. Rashmi G. Somani, Clinical Nutritionist and Dietitian. You will be required to work on the following,

1. To understand the Patient and their Nutritional Needs
2. Nutritional Counseling
3. Dietary and Nutritional Assessment
4. Medical Nutrition Therapy



**For NUTRICURE**

Rashmi G. Somani  
Clinical Nutritionist and Diet Consultant  
RD (21/88)

Nutricure Clinic





# Manoday De-Addiction Organization

Awareness, Counselling, Prevention

Regd. No. E8862/2021-Pune

Ref No.: 07

Date: 16/02/2022

To,

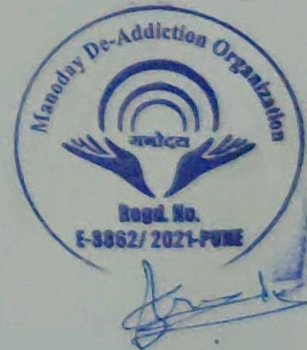
SNDT Women's University

Department of communication & Media studies

Subject: Accepted internship letter

This letter confirms that Sharmistha gethe ,Aarati joshi ,Saru sethi accepted as a intern with Manoday de-addiction org ,Your Internship started on 14-2-2022 end on 14-3-2022 During this period for sure you will complete your assign tasks which is given by Department of Communication & Media studies.

Thank you



Office Address: E-503, Kasturkunj Society, ICS Colony, Bhosale Nagar, Shivaji Nagar, Pune 411007

✉ manodaydeaddiction@gmail.com | ☎ +91 9607307474 / 9765553526

Ref: T346/29/10/2021/eINT

**Ms Akshita Rathore**  
**Flat M-2/C, A 107, Tiurbhuvan Appartment,**  
**Shalimar Garden exten – 2, Sahibabad,**  
**Ghaziabad, Uttar Pradesh - 201005**

29 October 2021

Sub: **Offer of Internship**

Dear **Ms Rathore**,

This is with reference to your request for an internship with Public Health Foundation of India (PHFI). We are pleased to inform you that your request has been accepted and we are happy to engage you as an **Intern** effective from **29 October 2021** to **24 December 2021**.

During the internship period you will be assigned under **“Indigenous Food Project”** and mentored by **Dr Suparna Ghosh Jerath, Professor and Head- Community Nutrition**. You will be required to work on the following:

1. To standardize the amounts of raw foods based on foods given in Indian Food Composition Table.
2. To standardize the amounts of recipes and packaged foods.
3. To support the core team in data entry and data analysis.
4. To assist in development of food recall flipbook and IEC materials.
5. To assist in preparation of village transect maps.
6. Any other task assigned by the mentor.

#### **1. Terms & Conditions of Internship**

- 1.1 You will be required to attend the office as per the mentor's advice.
- 1.2 This is an unpaid internship and there will be no cost associated with your internship.
- 1.3 During the course of internship, you will not be covered under any insurance policy or provided any benefits as those provided to an employee of PHFI.
- 1.4 You are requested to bring your own laptop, however, internet and library privileges can be used as may be available on the office campus.
- 1.5 You will not, except in the normal course of business, publish any article or statement, deliver any lecture or broadcast or make any communication to the press, including magazine publication relating to PHFI processes, products or to any matter with which the Institute may

#### **OFFICE ADDRESS**

Plot No. 47, Sector 44,  
Institutional Area,  
Gurugram 122 002, India  
P +91 124 478 1400  
F +91 124 478 1601  
E [contact@phfi.org](mailto:contact@phfi.org)

#### **REGISTERED OFFICE**

431A, 4th Floor Rectangle No.1  
Behind Saket Sheraton Hotel  
Commercial Complex D4, Saket  
New Delhi 110 017  
P +91 11 665 440 48

#### **IIPH CENTERS**

Gandhinagar  
Hyderabad  
Delhi  
Bhubaneswar  
Shillong  
Bengaluru

#### **WWW.PHFI.ORG**

be concerned, unless you have previously applied to and obtained the written permission from competent authority of PHFI.

- 1.6 You will be required to maintain utmost secrecy in respect of Project documents, commercial offer, design documents, Project cost & Estimation, Technology, Software packages license, PHFI policies, processes, patterns & Trade Mark and company's Human assets profile.
- 1.7 If, at any time during the internship, you are found absent from duty without permission or your conduct is not found to be appropriate, your internship will be rescinded with immediate effect, without any prior notice.

## **2. Confidentiality of Information**

- 2.1 You shall observe utmost confidentiality and secrecy of any and all information received by you or entrusted to you in the course of your engagement and you shall at all times, whether during or after the termination of your engagement, act with utmost fidelity and not disclose or divulge such information to a third party or make use of such information for your own benefit.
- 2.2 Upon termination of your engagement, you will immediately surrender to the PHFI, all files, books, magazines, reports, documents, manuals, audio and video tapes, portable data devices and any other knowledge data bases entrusted to you in the course of your engagement.
- 2.3 You will not reproduce, store in a retrieval system or transmit in any form or by any means – electronic, mechanical, photocopying, recording, scanning or otherwise - any copy righted material, which is the property of the PHFI - for your own benefit or for the benefit of any third party - either during the course of your engagement or on your separation.

## **3. Intellectual Property Rights**

All work done by you under this engagement and all materials developed shall be considered as being specially ordered or commissioned by PHFI for its sole and exclusive use. It is expressly agreed that PHFI shall have sole ownership rights over all intellectual property of work and materials developed during the course of this Engagement. You will be appropriately acknowledged in the materials submitted to PHFI. You will not distribute, display, reproduce or use in any manner whatsoever, the material prepared, produced or used for the purposes this Engagement and any other intellectual property of PHFI without the prior written approval of PHFI. You will not use any drafts, data and extracts in any form during or after the term of this Engagement. This clause shall remain valid even after the termination or expiry of this engagement.

## **4. Indemnity**

You will indemnify, keep indemnified and hold harmless PHFI against any and all actions, claims, proceedings, costs, damages, liabilities, penalties, fines, expenses, losses, demands and liabilities, suits and proceedings arising out of any act or omission by you during the performance of or in relation to your responsibilities under this engagement (whether or not involving third party claim) and/or breach by you of any of its actions, covenants and undertakings under this engagement and/or violation of any rights of third parties' rights and/or any liability that may arise out of the materials provided by you to PHFI. This clause shall remain valid even after the termination or expiry of this Engagement.



## 5. Revision, Amendment and Modification

Either party may request in writing for a revision, amendment or modification of all or any part of this engagement. Any revision, amendment or modification agreed mutually between the parties shall be in writing and shall come into force on such date as determined by the parties and shall for part of this engagement.

## 6. Governing laws

This engagement shall be construed and enforced in accordance with the governing laws of India.

## 7. Dispute resolution

In the event of any dispute relating to this engagement or in connection therewith or relating to any of the rights, duties, obligations, or the performance thereof, arising between you and PHFI, PHFI shall use its best efforts to settle the dispute amicably. In case disputes cannot be resolved amicably, the matter will be referred to and resolved by a senior management representative at PHFI.

## 8. At the end of the duration you will be required to:

1. Submit a brief report on the assignment as per the attached format (Annexure 1). A certificate will be issued only after the satisfactory submission of the report.
2. You will hand back any asset or property, which may be in your custody or charge that may have been in your possession during the course of the internship.

Please signify your acceptance of these terms and conditions of internship by returning the duplicate copy of this letter duly signed by you on all pages.

For **Public Health Foundation of India**



**Aparajita Roy**  
**Director – Human Resources**

I have fully read and understood the contents of this letter and accept PHFI's offer of internship on the aforesaid terms and conditions, I agree to strictly abide by the same.

\_\_\_\_\_  
**Ms Akshita Rathore**

**INTERNSHIP COMPLETION REPORT (ANNEXURE 1)****Section A: To be completed by the Intern**

| Personal Information                                 |   |
|--|---|
| Name of the Intern:                                  | Ms Akshita Rathore  |
| Contact Information:                                 | Flat M-2/C, A 107, Tiurbhuvan Appartment, Shalimar Garden exten – 2, Sahibabad, Ghaziabad, Uttar Pradesh - 201005 |
| Name of the Mentor:                                  | Dr Suparna Ghosh Jerath   |
| Designation of the Mentor:                           | Professor and Head- Community Nutrition   |
| Duration of Internship:                              | 29 October 2021 to 24 December 2021   |
| Objectives/Topic/Purpose of Internship (150 words):  |   |
| <br><br><br><br><br><br><br><br><br><br>             |   |
| Achievement Details of key deliverables (500 words): |   |
| <br><br><br><br><br><br><br><br><br><br>             |   |
| Conclusion:  |   |
| <br><br><br><br><br><br><br><br><br><br>             |   |

**Ms Akshita Rathore**



# Manoday De-Addiction Organization

Awareness, Counselling, Prevention

Regd. No. E8862/2021-Pune

Ref No.: 07

Date: 16/02/2022

To,

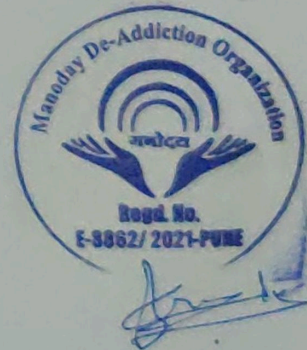
SNDT Women's University

Department of communication & Media studies

Subject: Accepted internship letter

This letter confirms that Sharmistha gethe ,Aarati joshi ,Saru sethi accepted as a intern with Manoday de-addiction org ,Your Internship started on 14-2-2022 end on 14-3-2022 During this period for sure you will complete your assign tasks which is given by Department of Communication & Media studies.

Thank you



Office Address: E-503, Kasturkunj Society, ICS Colony, Bhosale Nagar, Shivaji Nagar, Pune 411007

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Regd. No. E8862/2021-Pune

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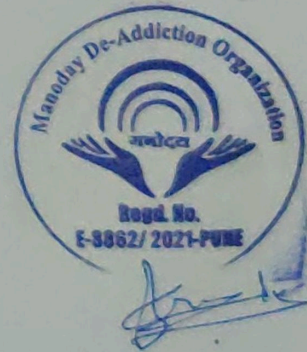
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### **Terms of Reference for the Intern with UWI**

Under the overall supervision and guidance of the **Director Resource Mobilization & Strategic Alliances**, the intern provides support to the Program & Resource Mobilization unit and works in close collaboration with other colleagues to support intelligence gathering, the preparation of briefing notes, and other tasks. The intern will have the opportunity to learn in the area of Partnership Development, program operations & Management. Depending on the competencies and interests of the intern, assignments will include:

- Intelligence gathering and producing partner/donor profiles and briefing notes;
- Support other partnerships-related activities as needed.
- Help program team in preparation of the project briefs/Reports/ Coordination with Implementation Agencies/Vendors etc.
- The intern is also expected to strengthen his/her knowledge and understanding of diverse thematic areas of work of UWI through resources and other publications.
- Any other projects assigned by management during the course of the internship

**Timeframe:** The Interns are expected to commit at least 3 Hrs per day (5 days in a week) equivalent to approx..60Hrs of engagement for a period of 1 month.

### **Learning Opportunities with INTERN at UWI**

- General understanding of the work and mission of the United Way India and Worldwide.
- Insight and hands-on experience in UWI's broad range of operational and programmes
- Insight and hands-on experience in partnership building management; and
- Working experience in the UWI system and in a multicultural environment.

**Remuneration:** This is a voluntary assignment with the objective of providing exposure to the Intern on operations of United Way India. There shall be no remuneration paid to the intern. However, reasonable reimbursements upon prior approval will be made, with regards to any work-related expenses. Intern, upon successful completion of assignment shall be awarded a certificate and an internship experience letter from UWI.

## COMPLETION OF INTERNSHIP IN EPIPHANY STUDIO.

EPIPHANY HEALTH AND WELLNESS CENTRE

3/18/2022



### Epiphany Health and Wellness Centre

To,  
Shilpa Hattiangadi  
S.N.D.T WU  
Karve Road

**Subject: completion of internship for Ms. Batul Mukadam (intern)**

Ms Battul has successfully completed her internship at Epiphany Health and Wellness Centre for the required period of 240 hours. We ensured that she gained immense knowledge and experience in her desired area. She performed various skills such as diet counselling, marketing, content creating and social media handling in 30 days (17<sup>th</sup> February-18<sup>th</sup> March 2022). We also encouraged her to attend webinar's and business vision meet.

**THANK YOU**

Regards,

Sumedha Acharya  
Associate, herbal life nutrition  
24, anurekha society  
Karvenagar, PUNE

