

Bachelor of Arts (B.A.) Examination: May - 2023
(Distance Education)

Day & Date	Semester	Subject Name	Time	Code	Marks
Tuesday 16-05-2023	IV (Fresh/ Repeater)	English C. C (H.L.) – Professional English Paper - II	11:00 AM To 1:30 PM	415401	75

Instructions: 1) All questions are compulsory.
2) Figures to the right indicate full marks.

Q.1 Read the following passage and answer the questions given below: 15

Power foods are foods that provide rich levels of nutrients like fibre, potassium and minerals. With people becoming increasingly health conscious today, a lot of fitness trainers encourage their clients to include these foods in their daily diet to increase muscle development. There are various ways of incorporating power foods in your daily diet. Of course, the key to enjoying power foods is proper preparation of these foods, the use of season-fresh foods, and identifying your choice of flavour among power foods.

Some of the recommended power food combinations are those that are prepared in our kitchens on a regular basis. Take for instance, the combination of chickpeas and onions. This combination is a powerful source of iron which is required by the body to transport oxygen to its various parts. Iron deficiency can lead to anaemia, fatigue, brain fog and tiredness. A study by the Journal of Agricultural and Food Chemistry says that sulphur compounds in onion and garlic help in the absorption of iron and zinc from chickpeas. The combination is a hit with teenagers who need to be diligent about getting iron in their diet. A quick way to prepare this power food is to make a chickpea salad with chopped onions, chaat masala and Cilantro. Another favourite combination with power food takers is yoghurt and bananas. This makes for a perfect snack after a rough game of football. Exercising burns glucose and thus lowers blood sugar. Yoghurt is packed with proteins that help preserve muscle mass, while bananas are packed with carbohydrates that help in refuelling energy and preventing muscle soreness. A quick and easy recipe with bananas is a banana smoothie topped with cool yoghurt.

Among beverages, green tea is the best source of catechins that are effective in halting oxidative damage of cells. According to researchers at the Purdue University, adding a dash of lemon juice to green tea makes the catechins even more easily absorbable by the body. So, the next time you have friends, do serve them with rounds of iced green tea along with mint and lemon juice.

- a) What are the rules regarding the partaking of power foods? **03**
- b) Suggest a quick recipe with chickpea and onions. **03**
- c) Why is yoghurt and bananas an enriching power food? **03**
- d) What is the advantage of combining green tea with lemon juice **03**
- e) What is the key to enjoying power foods in a wholesome way? **03**

Q.2 Read the passage given below and answer the questions given below 15

I am always amazed when I hear people saying that sport creates goodwill between the nations, and that if only the common peoples of the world could meet one another at football or cricket, they would have no inclination to meet on the battlefield. Even if one didn't know from concrete examples (the 1936 Olympic Games, for instance) that international sporting contests lead to orgies of hatred, one could deduce it from general principles

Nearly all the sports practised nowadays are competitive. You play to win, and the game has little meaning unless you do your utmost to win. On the village green, where you pick up sides and no feeling of local patriotism is involved, it is possible to play simply for the fun and exercise: but as soon as the question of prestige arises, as soon as you feel that you and some larger unit will be disgraced if you lose, the most savage combative instincts are aroused.

Anyone who has played even in a school football match knows this. At the international level sport is frankly mimic warfare. But the significant thing is not the behaviour of the players but the attitude of the spectators: and, behind the spectators, of the nations who work themselves into furies over these absurd contests, and seriously believe — at any rate for short periods — that running, jumping and kicking a ball are tests of national virtue.

Even a leisurely game like cricket, demanding grace rather than strength, can cause much ill-will, as we saw in the controversy over body-line bowling and over the rough tactics of the Australian team that visited England in 1921.

Football, a game in which everyone gets hurt and every nation has its own style of play which seems unfair to foreigners, is far worse. Worst of all is boxing. One of the most horrible sights in the world is a fight between white and coloured boxers before a mixed audience. But a boxing audience is always disgusting, and the behaviour of the women, in particular, is such that the army, I believe, does not allow them to attend its contests. At any rate, two or three years ago, when Home Guards and regular troops were holding a boxing tournament, I was placed on guard at the door of the hall, with orders to keep the women out.

- a)** When are savage combative instincts aroused? **02**
- b)** What is the spectators' attitude like when watching international matches? **02**
- c)** For which things was the Australian cricket team's visit to England in 1921 known for? **02**
- d)** What is the writer's opinion about boxing matches and its audience? **03**
- e)** According to the writer, how should games be played to avoid hatred and patriotism? **03**
- f)** State whether the following statements are True or False: **03**
 - i) Sport creates goodwill between nations
 - ii) Cricket is a game that requires grace more than strength.
 - iii) The writer had to perform the duty of preventing women from entering the hall where boxing matches were being played.

Q.3 Write a letter to the Principal of your college complaining about the necessity of cleanliness in the ladies room and its washroom. 20

OR

Draft a letter to the Chief Manager of Jehangir Arts Gallery, Mumbai inquiring

the requirements for arranging the exhibition of your paintings.

- Q.4** Write a letter applying for the post of 'Music Teacher' to the Chairperson, Planet M, Mumbai 400001 in response to their advertisement published in Indian Express dated 30th March 2019. Include your short bio-data in the body of the letter. **20**

OR

Sharadashram School, Mumbai urgently requires a post-graduate teacher to teach Social Science for which they have placed an advertisement in The Mid-Day Express. Draft a letter including your CV.

- Q.5 Do as directed:**
- a)** Use a prefix to form antonym (any one): **01**
 - i) Rational
 - ii) Relevant
 - b)** Add a suffix (any one): **01**
 - i) Help
 - ii) Harm
 - c)** Change the voice of the following sentences: **02**
 - i) Sunita can write a letter.
 - ii) I requested all the students to be silent.
 - d)** Rupa said, "Rajesh, please do not break the rule." (Change into indirect speech) **01**
 - e)** Seema exclaimed that it was a wonderful evening. (Change into direct speech) **01**
 - f)** Identify the tense used in the following sentences: **02**
 - i) Rajesh attends all his classes regularly.
 - ii) I have been playing tennis since my childhood.
 - g)** Complete the sentences using prepositional phrases: **02**
 - i) I was afraid _____.
 - ii) In my leisure time, I like _____.